



Comments, concerns or complaints?

If you have any comments, concerns or complaints and you would like to speak to somebody about them please email

[communications@dchs.nhs.uk](mailto:communications@dchs.nhs.uk)

Are we accessible to you?

This publication is available on request in other formats (for example, large print, easy read, Braille or audio version) and languages. For free translation and/or other format please email

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Here are just some of the teams we work with on your behalf:

Adult Social Services  
Advocacy Services  
Befriending Services / Community Support Groups / Luncheon Clubs  
Care Link/ Care Home Link  
Community Matrons  
Community Mental Health Team  
Community Safety / Fire Service / Police  
Community Therapy Teams / falls services  
Continence Services  
Counselling / Bereavement Support Groups  
Dementia/Making Space/Alzheimer's Society  
Advice/Welfare Rights/DWP Derbyshire  
Carers / Carers Support Groups  
District Nurses  
Frailty Support  
GP's / Practice Nurse / Practice Staff  
Handy Person DIY Service / Trusty Trader  
Hearing and Sight Support Services  
Hospital Discharge Teams/Help for Harry/Home from Hospital  
Hospital Admission & Discharge Teams  
Housing Associations  
Live Well  
Local Area Coordinators  
Long Term Condition support services such as  
Palliative Care Team / MacMillan / Treetops  
Patient Transport Services  
Podiatry Services  
Royal British Legion / ex forces support  
Respite Care / Day Centres  
Wheelchair Services  
Local groups for socialisation

Derbyshire Community Health Services   
NHS Foundation Trust

## Care Coordinators in Dronfield GP Practices

We are here to help you stay safe and well in your home by offering support, advice and information on services available in the community.

## Care Coordinators

Are part of the Community Support Team employed by Derbyshire Community Health Services. We are based at your local GP Practice.

We can link between all the different services and organization's in the community.

We can help you to get the support you need to remain independent in your own home for as long as possible.

If you are a family member or carer of someone and you also feel you need some extra help, support or information we can help you too.

## HowWeCanHelp

We can help in a variety of ways, for example:

- Have you got poor mobility?
- Do you struggle with personal care, bathing etc?
- Would you benefit from equipment such as grab rails, raised toilet seat?
- Are you struggling with shopping or cooking?
- Would you like to get out more, are you lonely?
- Have you fallen recently?
- Are you are a carer and struggling?
- Are you worried about your memory?
- Do you worry about your energy?
- Have you had a full benefit / income check?
- Would you like support from bereavement groups or services?
- Would you benefit from the Handyperson DIY scheme?
- Have you had a home safety check i.e. fire alarm, door locks etc.
- Do you struggle to manage your long term health conditions?
- Do you understand your medications?
- Would you like advice on living well?

If in doubt, contact your Care Coordinator for

advice and support.

## Referral to the Care-Coordinator

If you are over the age of 18 and would like to know more about how we can help. Either ask your GP (or any other health professional) for a referral or alternatively you can self refer by contacting:

**Victoria Audis- 07813 533033**

**Victoria.Audis@nhs.net**

**Leoni Prestidge-07464 522425**

**Leoni.Prestidge@nhs.net**

Or contact Via task.