

NEWSLETTER

Issue No. 65



Working together for better health

www.dronfieldhealth.co.uk

FLU JABS 2017

It's that time of year again !

Our annual flu campaign is now underway and we've started taking bookings for flu jabs.

Flu vaccination is available every year on the NHS to help protect adults and children at risk of flu and its potentially serious complications.

The **flu jab** is offered free on the NHS annually to :-

- **Everyone over 65**
- **Adults over 18 at increased risk** (eg heart and respiratory conditions, liver and kidney disease etc.)
- **Pregnant women**
- **Children aged six months to two years with a long term condition**

The flu vaccine is given as a **nasal spray** to :-

- **Children aged 2 and 3 plus those in reception class and school years one, two, three and four.** Those attending school will be given the vaccine at school.
- **Children aged 2 to 17 at increased risk of flu**

A popular misconception is that the flu jab can cause flu but as it's not a live vaccine this is not the case.

The flu jab is made up of three of the commonest strains of the flu virus.

We have run flu clinics on **Saturday mornings** for some time now and they have proven to be very popular.

This year we are holding clinics on the following Saturdays:-

30th September 7th October 14th October 21st October

The flu clinics are very busy and on these mornings reception will be closed for prescription and other queries and we will only be able to see patients with a booked appointment for a flu jab.

The NHS is predicted to have a difficult winter this year and protection against flu will help to reduce pressure on the NHS.



Prescription Requests

Please do allow **48 hours** for the completion of prescription requests.

We regret that we are unable to accept prescription requests by telephone for reasons of clinical safety

Regular prescriptions require regular review by the clinical team and you may be asked to attend for review before a prescription can be safely issued.

We are reviewing our whole prescription system in the near future with a view to simplifying and streamlining it so do watch this space!

We would encourage patients to sign up for EPS (Electronic Prescription Service) so that prescriptions can be sent directly to the pharmacy of your choice electronically.

You don't need a computer to set this up.

Ask your pharmacist or our reception team for details of EPS.

Millions of pounds are wasted annually on medicines that are ordered and then never used. Please only order medicines that you currently need and don't stockpile.



Going Abroad ?

If you're going abroad in the near future and likely to need travel immunisations or malaria tablets, we ask that you complete a **travel questionnaire** before your appointment with the nurse.

Planning travel immunisations can be quite complicated and filling in the questionnaire gives us more time to do this.

Please note there are national shortages of some Hepatitis vaccines.

We are a registered **Yellow Fever** vaccine centre.

Staff Changes

We welcome back **Dr Carolyn Oatway** from maternity leave while **Dr Chris Duffy** returns as our GP registrar.

Georgia Rooke and **Hollie Sanderson** have recently joined the reception team.

Live
Life
Better 
Derbyshire

If you need help **losing weight, stopping smoking, becoming more active or improving your wellbeing** there is now a free service in Derbyshire that you can access.

The friendly staff are fully trained and can help you to make changes to the habits of a lifetime.

The service is funded by Derbyshire County Council.

Parts of Derbyshire have some of the highest rates of obesity in the country

If you'd like help with any of these issues please telephone

0800 085 2299

NHS ZERO TOLERANCE

The practice follows the NHS policy of zero tolerance to verbal or physical aggression to any member of staff.



All our staff should expect to work in a safe and non-threatening environment.

Our receptionists are instructed to hang up on anyone who is abusive on the telephone.

Threatening behaviour may lead to removal from the practice list and you being required to register with another practice.

PLEASE RESPECT OUR STAFF.

Thank you !