



# NEWSLETTER

Issue No. 69

[www.dronfieldhealth.co.uk](http://www.dronfieldhealth.co.uk)

## NATIONAL FLU CAMPAIGN 2018 / 19

Last winter the NHS struggled under the weight of respiratory illness. Much of this illness was a direct consequence of high levels of INFLUENZA.

Flu vaccination offers protection against flu and this winter is being offered FREE to more individuals

<u>Age on 31st August 2018</u>	<u>Vaccine offered</u>	<u>Setting</u>
Under 2 years of age	At risk children over six months to be offered NASAL flu vaccine	GP surgery
Aged 2 to 3 years old	All 2 and 3 year olds offered NASAL flu vaccine	GP surgery
Aged 4 to 9 years old	All primary school years from reception to Year 5 to be offered NASAL flu vaccine.	School
Aged 10 to 18 years	At risk children to be offered NASAL flu vaccine	GP surgery
Aged 19 to 64 years	At risk individuals to be offered quadrivalent FLU JAB	GP surgery
Aged 65 years and over	ALL individuals to be offered the new trivalent FLU JAB	GP surgery

than ever by the NHS.

At risk individuals include :-

- **Pregnant women**
- Those who live or work in **long-stay residential homes**
- **Carers**
- Those with **chronic heart, lung, liver or kidney conditions**
- Those whose **immune system is compromised**



Our SATURDAY MORNING FLU CLINICS are always very popular.

This year we'll be running clinics on the following Saturdays :-

- 29th SEPTEMBER
- 6th OCTOBER
- 20th OCTOBER

## Don't be a DNA !

We recognise that with the pressure on appointments it can at times be difficult to see the clinician of your choice but please consider this.

Between April and June this year we had 13445 booked appointments BUT we had 805 patients who did not attend for their appointment and didn't contact us to let us know they wouldn't be attending.

6% of our appointments were DNAs !

However the problem is not unique to General Practice and hospital out-patient appointments, X-Ray and scan appointments, community physiotherapy and podiatry appointments are also victims of DNAs

We are unable to fine patients but we will write to persistent offenders and will ask them

## QUEST sessions

The surgery will be closed on the following **Wednesday afternoons** for essential training that involves the whole team :-

- WEDNESDAY 12th SEPTEMBER
- WEDNESDAY 10th OCTOBER
- WEDNESDAY 14th NOVEMBER
- WEDNESDAY 12th DECEMBER

When the surgery is closed always call 111 if you need urgent medical care.



**HEALTH HELP NOW** is a free app that will help you find the right treatment for your health needs

**DOCTORS' APPOINTMENT.**  
KEEP IT OR CANCEL IT.  
DON'T WASTE IT!

**NHS**



Please let us know if you no longer need your appointment so we can offer the time to someone else

## OVER THE COUNTER MEDICINES

The NHS currently spends £136M on medicines that can easily be bought over the counter (OTC) from a pharmacy or a supermarket such as paracetamol.

By reducing the amount it spends on these medicines the NHS can give priority to essential treatments for conditions such as cancer.

So don't be surprised if your GP, nurse or pharmacist doesn't give you a prescription for an OTC medicine .

You can easily buy medicines for conditions such as acute sore throat, hay fever, sticky eyes, constipation and indigestion.

**RESPECT US**  
**WE'RE HERE TO HELP YOU**

**VERBAL AND PHYSICAL ABUSE WILL NOT BE TOLERATED**